

INTERNSHIP SPOTLIGHT

Sadie Presto



Graduation Semester & Year: Spring 2020

Hometown: Washington, PA

Semester & Year of Internship: Spring 2020

Major: Communication

Minor: Business

Hobbies: Concerts, Shopping, Listening to Music (BTS!)

Campus Activities: Lambda Pi Eta Fundraising Chair and The Insider Reporter

Future Plans/Career Goals: Management, Marketing, or Public Relations

- **Internship (company/your title):**
YWCA Westmoreland – Racial Justice Coordinator
- **How did you find your internship:**
I found this internship through the internship postings sent by Kristen Stratton 😊
- **What were your duties:**
My duties were to promote social diversity by heavily researching and crafting social media posts, newsletters, and e-blasts and plan and formulate public events to spread racial justice education and heighten community understanding.
- **How many hours per week were you at your internship site:**
I worked a minimum of 4 hours a week and had the opportunity to work additional hours remotely from school on weekends.
- **What did you enjoy most about your internship:**
The most enjoyable part of my internship at the YWCA was having the ability to work independently and showcasing my creativity.
- **What was the most difficult aspect of the internship:**
The most difficult aspect of my internship at the YWCA was me starting my internship as the organization was changing.
- **How did your experience at UPG and the Communication department prepare you for your internship:**
Dr. Prellwitz and Kristen helped me build confidence in my skills and prepare my resume and interview skills for career positions.
- **How has your internship prepared you for a career:**
This internship at the YWCA and my previous two-year internship allowed me to advance my top-quality skills like leadership, professional writing, independence, organization, and creativity that are majorly essential for a career.

(cont.)

- **What recommendations do you have for other students about doing an internship:**

Put your schoolwork and mental health first! You are paying to learn, that is the number one priority during the school year. Summer is an amazing time for a full-time internship to gain the most well-rounded experience. Picking up small internships during the school year can help you gain experience in specialized areas, show initiative, and raise your resume to the top!

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