

# INTERNSHIP SPOTLIGHT

## Krystalynn Moore

**Graduation Semester & Year:** Spring '25

**Semester & Year of Internship:** Summer '24

**Major:** Nursing

**Hometown:** East Liverpool, OH

**Hobbies:** Acrylic painting, outdoor adventures and video games

**Campus Activities:** Residence Life, Outdoor Adventure and Community Service, and Student Nurse Association

**Future Plans/Career Goals:** Work at UPMC Shadyside on a surgical urology and ENT unit post-graduation (which is the unit I interned at), then go back for my Masters of Science in Nursing to go into higher education.



- **Internship (company/your title):**  
UPMC Shadyside/Student Nurse Intern
- **How did you find your internship?**  
My internship was advertised in my nursing program as well as at my job at UPMC Shadyside.
- **What were your duties?**  
I followed my nurse and performed patient care which included activities of daily living, point-of-care testing, assessment and care planning. I could also do patient education, admission/discharge planning, and even talked to doctors about my patients!
- **How many hours per week were you at your internship site?**  
12 hours for three days a week, 36 hours total.
- **What did you enjoy most about your internship?**  
I enjoyed the fact that I could see the real side of nursing and what the daily workflow looked like for a full 5-6 patient medical/surgical assignment and how to manage the care of all of the patients.
- **What was the most difficult aspect of the internship?**  
Becoming comfortable with taking care of more than two people. Clinicals prepared you with 1-3 patients, while my internship gave me a full assignment and allowed me to learn as I went.
- **How did your experience at UPG and in the Nursing department prepare you for your internship?**  
My time in lecture prepared me for the conditions I saw in many of patients like heart failure, diabetes, and many other chronic conditions. Clinicals prepared me for better patient care, expected outcomes, and possible medication side effects and reactions.
- **How has your internship prepared you for a career?**  
My internship made me feel more confident in my skills as a future nurse and it has made me less anxious about what I will see once I graduate and pass the NCLEX. This now enables me to provide safer care and more effective treatment!

(cont.)

- **What recommendations do you have for other students about doing an internship?**

I recommend that if you're considering an internship for any profession, you should take the leap and do it! It prepares you for a real-world scenario and you can actually assess just how much you know versus what you may need to revisit before you graduate and eventually become a professional. You are much more confident in your skill set and it is a wonderful opportunity to make connections and set yourself up for when you graduate.

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