## INTERNSHIP SPOTLIGHT

**Hometown**:

Columbia, PA

# **Alexa Myers**

<u>Graduation Semester & Year</u>: Spring '26 <u>Semester & Year of Internship:</u> Summer '24

<u>Semester & Year of Internship:</u> Summer '2 <u>Major</u>: Psychology

Minors: Education

**Hobbies**: I like to read and paint

<u>Campus Activities</u>: Student Government, College Democrats, Peer Leader **Future Plans/Career Goals:** I am hoping to continue my studies at the

University of Pittsburgh for my master's program in psychology and then become

a licensed adolescent psychiatrist



#### • Internship (company/your title):

Peace Thru Culture/Curricula Research & Development Coordinator Intern

### How did you find your internship?

I found my internship through the Washington Center.

#### What were your duties?

Peace Thru Culture Trek Curricula Updates and development with STEM & Arts, Language Culture.

How many hours per week were you at your internship site?

20 to 30 hours a week.

What did you enjoy most about your internship?

That I got to work with an amazing team and learn more about developing curriculum.

What was the most difficult aspect of the internship?

Balancing my internship and summer classes.

• How did your experience at UPG and in the Psychology department prepare you for your internship?

My minor in education prepared me to work through lesson plans and what are up to state standards.

How has your internship prepared you for a career?

No due to my field being in psychology.

What recommendations do you have for other students about doing an internship?

I would do research into the company you may want to internship for.

